



**Parent-Child Workshop**  
**Hosted by Brownie Troop #10117**  
**Kinder/1st/2nd Grades 9:30-11:30am**  
**3rd/4th/5th Grades: 12:30-2:30pm**  
**Saturday, April 28, 2012**  
**Sonoma**

In this active, upbeat workshop, kids practice using “People Safety” skills in everyday life situations familiar to people their age. People Safety skills help prevent problems with peers, family, and strangers. The skills also help strengthen important relationships by improving communication. Practicing People Safety skills can build confidence and improve safety with people at school, in the neighborhood, at home, online -- everywhere!

Using activities and examples relevant to kids, we’ll practice skills to:

- **Be and act aware and confident**
- **Check with adults if anything seems unsafe**
- **Move away from possible problems**
- **Follow Stranger Safety rules**
- **Stay safe from hurtful words**
- **Use voice as a safety tool**
- **Set clear boundaries**
- **Make safety plans so outings are more fun**
- **Say “No” or “Stop” clearly and respectfully**
- **Deal with other kids poking, pushing, grabbing, etc.**
- **Use safety plans if you’re lost in a store, park, or library**
- **Get help from busy adults - and persist!**



This tailored workshop is a service of



the nonprofit leader in “People Safety”  
skills education for all ages & abilities.

Cost: \$45 per child. To sign up, please contact Leslie Nicholson/Troop Leader at LInCM@aol.com or (707) 996-7825. For more specific information about the workshop, please contact Kidpower North Bay Outreach Coordinator/Instructor, Jennifer Blackwood at (707) 732-0367 or jennifer@kidpower.org.

Please contact Kidpower at (800) 467-6997 ext. 1# with any questions about the class content, our public workshops or materials, or to talk about arranging a workshop for a group of any age.